



PNIRS Presents

S P E A K E R S E R I E S

featuring

Michael R. Irwin, M.D.

JOIN US FOR A LIVE PRESENTATION AND Q&A
October 22, 2020 8:00 - 9:00 a.m. PDT

***Insomnia and Inflammation:
Experimentally Defining Affective Mechanisms of Vulnerability
to Inform Depression Prevention and Treatment***



Dr. Irwin holds the Norman Cousins Distinguished Professorship in Department of Psychiatry and Biobehavioral Science at the UCLA Geffen School of Medicine. He is Vice Chair of Research for the Department of Psychiatry and Biobehavioral Science at the David Geffen School of Medicine, Director of the Cousins Center for Psychoneuroimmunology at the UCLA Semel Institute, and Director of the Mindful Awareness Research Center at the UCLA Semel Institute and the UCLA Healthcare System.

His research aims to understand the reciprocal interactions between the immune- and central nervous systems, and role of behavior and inflammatory signaling pathways in influence depression in cancer survivors and older adults. Dr. Irwin's research has broadly integrated data from laboratory animal studies, epidemiological studies, clinical naturalistic history- and prospective studies, experimental studies, and randomized controlled trials that have employed both behavioral- and mind-body approaches, which has resulted in publication of over 500 research articles and chapters, as well as several books, with over 42,000 citations. Dr. Irwin's research has been supported continuously for over 25 years by his PI leadership of 30 R01 type awards from the NIH, and numerous collaborative projects as well.

Dr. Irwin is recipient of the Cousins Award for Career Achievement and the George Solomon Lecture from PNIRS, as well as multiple other awards. He is Past President of PNIRS, APS, and ABMR; was member of the Advisory Council of the National Center for Complementary and Alternative Medicine, and was Chairperson of NIH Center for Scientific Review, Mechanisms of Emotion, Stress and Health Study Section.

Presentation will be held at 8:00 - 9:00 a.m. PDT via Zoom.

Registration is FREE and you do not need to be a member!

Presentations will be recorded for member access after the sessions.



Registration link <https://pnirs.org/pnirs-presents-irwin>